Catholic Parishes of Aberystwyth and Lampeter Plwyfi Catholig Aberystwyth a Llanbedr Pont Steffan

Welsh Martyrs Church Cae Dan Yr Haidd,

Holy Cross Church Victoria Street,

Our Lady of Mount Carmel Pontfaen Road,

Aberystwyth, SY23 1ST

Aberaeron, SA46 0DA

Lampeter, SA48 7BS

Parish Priest | Offeiriad Plwyf Fr Liam Bradley liam.bradley@menevia.org

Parish Office | Swyddfa Plwyf 01970 617159. 07481 250934 aberystwyth@menevia.org lampeter@menevia.org

Safeguarding Representative | Cynrychiolydd Diogelu Tess Truss 07792 001608 tesstruss@gmail.com

Online | Ar-lein. www.parishofaberystwyth.org.uk www.catholicchurchlampeter.org

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16 th March 2025 2 st Week of Lent Year C Weekday Year I Psalter Week II			
Date	Welsh Martyrs Merthyron Cymru	Holy Cross Groes Sanctaidd	Our Lady of Mount Carmel Ein Harglwyddes o Fynydd Carmel
Sun 16th March 2 nd Sunday of Lent	Sunday 8:30am Holy Mass For the needs of J. 10:30am Holy Mass Bronglais Hospital	9:00am Holy Mass November Dead List	11:00am Holy Mass Pro Populo
Mon 17th March St Patrick, Bishop.			
Tue 18 th March			6:00pm Reconciliation 6:30pm Stations of the Cross 7:00pm Mass Nickolay Mikhael Folwarski RIP
Wed 19 th March St Joseph, Husband of the BVM, Patron of the Diocese.	9:00am Adoration 10:00pm Holy Mass Truss Family		
Thu 20 th March	UNIVERSITY CAMPUS – CAMPWS Y BRIFYSGOL 6:30pm Reconciliation 7:00pm Holy Mass Sick and Deceased Clergy	9:30am Reconciliation 10:00 Stations of the Cross 10:30am Mass Mary Bradley RIP	
Fri 21 st March	5:30pm Reconciliation Talk 6:30pm Penitential Service		
Sat 22 nd March	9:30am Reconciliation (with Fr John Browne) 10:00am Holy Mass Olive Gibson RIP		
Sun 23rd March 3 nd Sunday of Lent	5:00pm – 5:45pm Sacrament of Reconciliation Saturday 6:00pm Vigil Mass Pro Populo Sunday 8:30am Holy Mass Priest's Intention 10:30am Holy Mass Thresiamma Xavier	9:00am Holy Mass Johnny Devlin RIP	11:00am Holy Mass Pro populo
	Collection - Casgliad y Sul Thank		
£455.99	loose plate, (Aberystwyth & Aberae	ron) £200.75 (Lampeter - Llambe	dr Pont Steffan)

Funerals Elizabeth Huxtable's Funeral Mass will be at Holy Cross Church on 21st March at 2:00pm with a committal at the crematorium at 4:00pm. + lestyn Daniel's funeral Mass will take place at St Padarn's Church, Llanbadarn Fawr (Llanbadarn Church) on 24th March at 11:00am.

Lenten Day with Archbishop Stack "The Word of God in Human Language" Our deanery Lenten gathering will be on Saturday 22nd March at the National Shrine, Cardigan, starting with coffee at 10:00am for the first session to commence at 10:30am. Archbishop Stack will be taking about his work as one of the team who prepared the new lectionary while he reflects on the book of Genesis. This day is aimed at everyone, but for those who have a ministry of reading it might be useful to have the insights as to how the archbishop's work has influenced how we hear God's word in our parishes today. The day will include Mass before a shared lunch, so please bring some food along. **UPDATE** The parish is hoping to run a bus for this event – if there are a good number of people who would like to use this facility, then it makes it more feasible. If you would like to use the bus then please let Madeleine

know (07866 626 519) and confirmation will be made closer to the time. The day is free, but you may like to make a donation

Penitential Service The readings at Mass on Ash Wednesday started with the line "Return to me with all your heart". What better way to prepare for Easter by returning to God through the Sacrament of Reconciliation? On Friday 21st March at 5:30pm I'm going to give a talk on the Sacrament of Reconciliation(Confession) – How does it work? How do I prepare? What should I say? How can I get the most from the experience? What if I just keep saying the same things each time? I would like us to look at how we can celebrate this sacrament in an authentic way. After the talk at 6:30pm we will have a visiting priest join us (Fr John Browne) for a reconciliation service at which each person will have the chance to go to confession. You are welcome to come to both the talk and reconciliation service, or to come to one or the other. For those who are not going to Deanery Lenten Recollection day on Saturday morning, Fr John will hear Confessions, before Mass at 10:00am

Volunteers – could you help? There is a Friday afternoon 'Conversation Club' at Bronglais Hospital which provides a social space and a forum for those who are looking to perfect their English language skills. Are you a former teacher, or a linguist, or just a person with a big heart and spare time who could support this? If you could give some time, please contact Gina Callanan (07790 537 673) who will be able to provide more information.

Healing Prayer There is small group in the parish who are willing to pray for your personal intentions. Maybe there is some challenge in your life right now which you're struggling to understand, perhaps you've been bereaved, or a relationship has sadly come to a painful end. Maybe you've got a medical complaint that causes you concern and loss of peace. Whatever it is, please contact John Glasby (07530046766).

"St Joseph's Table" is a tradition in some parts of the world whereby, on St Joseph's Day, bread, pastries and other food items are blest, before being given to those who may need it. After Wednesday's Mass on St Joseph's Day, we will have a short service of Josephite devotions, including the blessing of food. The Laudato Si Garden Project will be bringing some produce and, if you would like to being a food item for blessing, please do. These items will then be taken to St Paul's Methodist Church the following day. Each Tuesday and Thursday St Paul's cook dinner using fresh food from local sources along with surplus from local supermarkets, inviting those who eat to pay what they think the food is worth or what they can afford.

Parish Rooms Space in the parish for meetings and gatherings is at a premium and there have been recent conflicts with who is using what rooms and when. If you're part of a group that meets regularly, please can you email me with your timeslot and where you meet. I shall use this information to put together a timetable which can then be published (and amended by groups if necessary). Thanks!

Family Fast Day during the Lenten season CAFOD organizes the family fast day, which took place last Friday 14th March. Please do return your donation envelopes to the parish during the next few weekends. Alternatively, I have added at 'CAFOD-Family Fast' option on the DONA digital donation terminal, should you prefer to make a card donation.

Address You will notice that the street name and postcode for the Welsh Martyrs church has changed. This update will enable those coming from afar to find the church using Google Maps/SatNav. Please note the parish office address is the same as before: 'Brynhyfred', Piercefield Road, Penparcau, Aberystywth. SY231RX. The church is also locatable using: ///pigtails.bagels.wobbling

Altar Servers – Save the Date. The Holy Week and Easter Liturgies are very beautiful but can be complicated. There will be a rehearsal of the Triduum celebrations for Altar servers on the afternoon/evening of Wednesday 16th April. If you would like to serve Mass during the Triduum, please do make sure you can come to the rehearsal. More information to follow soon.

Donations If you'd like to donate to the mission of Aberystwyth parish, you can use this QR code. Many thanks for your generosity.



Food Bank Collection points are in each church porch. Recent needs include:

Aberystwyth: grateful for whatever you can give, Aberaeron: grateful for whatever you can give, Lampeter: grateful for whatever you can give. Diolch yn fawr iawn – thank you very much!